

2019

ASICS *Relay*

SINGAPORE

26 OCTOBER

**BAYFRONT
EVENT SPACE**

RUNNER'S GUIDE



asics
I MOVE ME™

Singapore will play host to the last leg of the 2019 ASICS Relay series happening on 26 October 2019 at Bayfront Event Space, Singapore!

The third edition of the ASICS Relay in Singapore will see more than 1500 teams racing the night relay in celebration of fitness, friendship and teamwork. Runners and supporters can also look forward to an evening of festivity filled with music, food and good fun.

So, gather your buddy of 2 or team of 4 members, and battle for the top spots in Southeast Asia's largest night relay race to win attractive prizes!

Keeping true to our belief that teamwork precedes individual ability. Together we go far!

RACE OWNER



Anima Sana In Corpore Sano, meaning "A Sound Mind in a Sound Body," is an old Latin phrase from which ASICS is derived and the fundamental platform on which the brand still stands. The company was founded more than 60 years ago by Kihachiro Onitsuka and is now a leading designer and manufacturer of running shoes, as well as, other athletic footwear, apparel and accessories. For more information, visit www.asics.com.

RACE ORGANISER



Infinitus is an event design house that specialises in challenging limits. Powered by our ethos of uninhibited possibilities, we are always prepared to bring to life what our clients envision for their events. We set the stage for a ground-breaking event right from the start. Backed by our years of experience and technical expertise, Infinitus formulates large-scale events that take individuals on an exhilarating new journey every time.

For more information about Infinitus Productions, visit <http://infinitus.asia>



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EVENT DETAILS

EVENT DAY	
DATE	26 Oct 2019
TIME	3pm onwards
VENUE	Bayfront Event Space, Singapore

RACE ENTRY PACK COLLECTION	
DATE	19-20 Oct 2019, Saturday & Sunday
TIME	11am to 8pm
VENUE	Suntec City North Atrium, Level 1, 3 Temasek Boulevard, Singapore

Race Pack Entry Collection area is open to all and admission is free.

For local and overseas participants who are unable to attend the Race Entry Pack Collection on these dates, you may appoint someone to collect the pack on your behalf with the [letter of authorization](#), OR collect the Race Entry Pack at the information tent at the race village (Bayfront Event Space, 12A Bayfront Ave, Singapore 018970) on event day, 26 October 2019, from 1500HRS onwards. The late race pack collection will close at 1630HRS. You may also collect it at Infinitus Productions Pte Ltd (50 Ubi Ave 3 Frontier, #05-12, Singapore 408866) on 22-23 October 2019, 10am - 6pm

During Race Entry Pack Collection, runner will receive:

Race Bib






Relay Token





Bag






HM Race Tee





FM Race Tee







IMPORTANT RACE INFORMATION

- Please read the ASICS Relay Singapore Race Guide in its entirety.
- You must bring along your race bib on race day. You must pin your race bib on the front of your race tee with the safety pin provided, or use a running belt. Please do not fold, cut or alter your race bib in any way. You will also need to produce your race bib to enter the Start Pen.
- It is strictly prohibited for another person to race under your name or for you to race under another person's name for a number of reasons, but most importantly, it is the danger and confusion it will impose in the event of an incident during the race.
- Familiarise yourself with the race course – it is your responsibility to know this on race day.
- Arrive at least one hour ahead of your flag off time to avoid congestion.
- If you are feeling unwell at any time during the race, please do not continue with the run and approach our crew for assistance. There are medical posts and paramedics along the course to provide assistance should you require it during the race. Any admission to hospital or treatment provided by medical services other than the event medical team, will incur costs to you.
- Keep to your left to allow faster runners to overtake. If you encounter runners moving at a slower pace on the right side of the lane, please call out, "On your right." Please be courteous and move to the left when you hear this!
- Help everyone enjoy a clean & green race! Please be responsible and throw your empty cups and trash into the bins provided.

The time finds you.

SATELLITE WAVE GPS



Eco-Drive®

CITIZEN

BETTER STARTS NOW

RACE DETAILS

RACE DATE
26 OCTOBER, 2019
SATURDAY

VENUE
BAYFRONT EVENT SPACE
(12A BAYFRONT AVE, SINGAPORE 018970)

PROGRAMME	
DATE	ACTIVITY
3.00PM 4.45PM 5.00PM 5.10PM 6.30PM 7.15PM 8.00PM 8.05PM 8.15PM 9.00PM 10.20PM 10.30PM 11.00PM	Race Village Opens Baggage deposit open
	Fitness Warm-Up (Start Podium)
	Flag-off for Full Marathon, Half Marathon and Buddy of 2
	Fitness Warm-up (Main Stage)
	Zumba Workout
	SaberFit Fitness Experience
	Half Marathon Cut-off time
	Lucky Draw
	Zumba Workout
	Prize Presentation for Half Marathon Race Categories
	Lucky Draw
	Prize Presentation for Full Marathon Race Categories
	Full Marathon Cut-off time

*Note: Programme is subject to change

RACE FLAG OFF AND CUT OFF TIMINGS		
Relay Categories	Race Flag Off Timings	Cut Off Timings*
42KM Full Marathon Team of 4 (Male/Female/Mixed)	1700HRS	6 hours (2300HRS)
21KM Half Marathon Team of 4 (Male/Female/Mixed)	1700HRS	3 hours (2000HRS)
21KM Half Marathon Buddy of 2 (Male/Female/Mixed)		

*Note: Timings are subject to change



ULTIMATE
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(U.P. \$139)

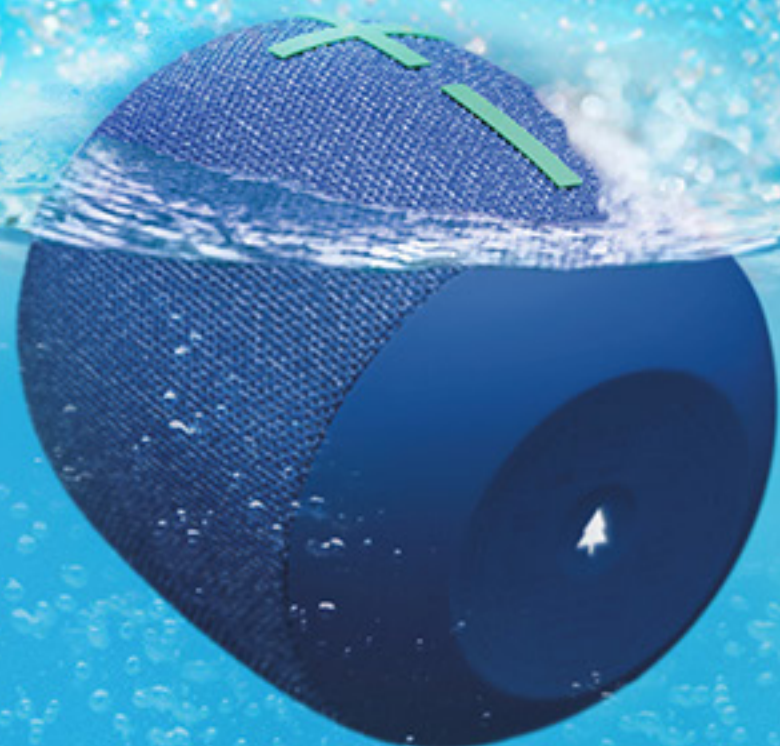
HOW TO PURCHASE

From 7 Sept - 13 Oct, purchase **\$15** worth of **POCARI SWEAT** including minimum 1x ION Water 4'S pack from any NTUC FP outlet

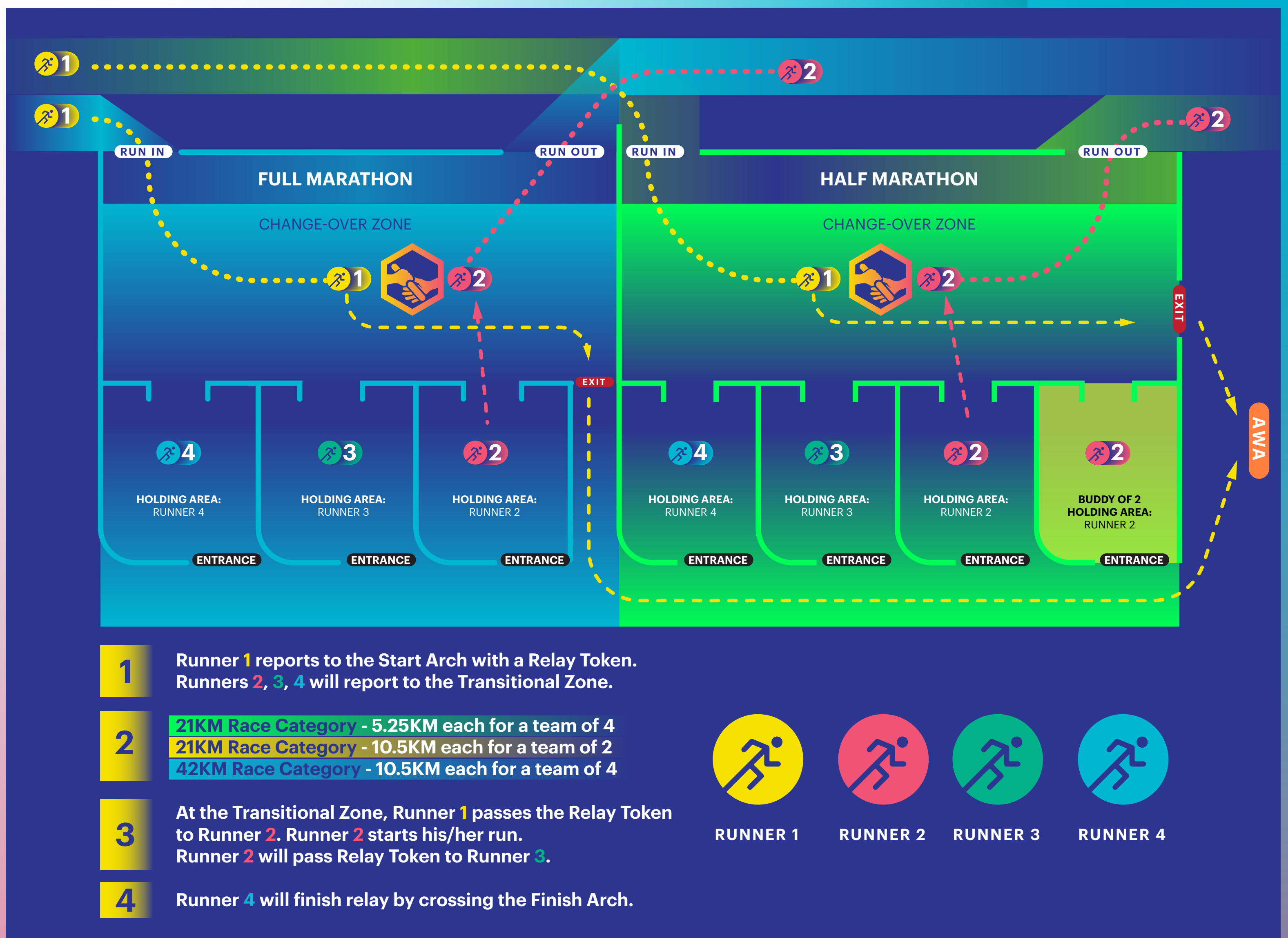


Bring the receipt(s) to selected NTUC FP Xtra roadshows from 21 Sept - 13 Oct to purchase!

T&Cs apply. Visit www.pocarisweat.com.sg for details



WHAT TO EXPECT



*Note: Map is not drawn to scale and is subject to change

Team of 4 (Full Marathon / Half Marathon)

The first runner of the team will start the race wearing the relay token. At the transition point, first runner will pass the relay token to the second runner, the relay will continue until the last runner of the team finishes the race.

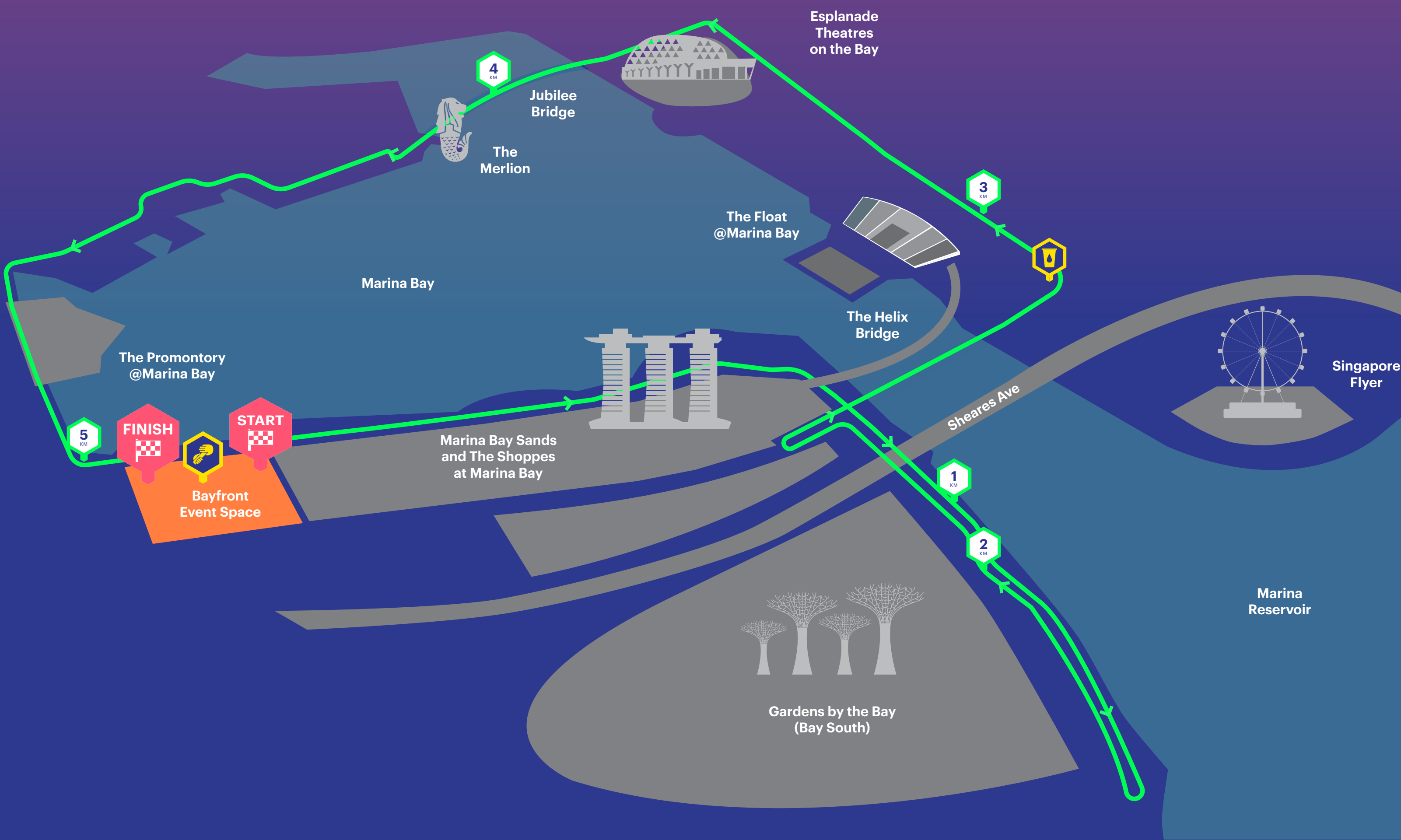
If your team of 4 is registered for the 21KM (half marathon) race category, each runner must run 5.25KM. If your team is registered for the 42KM race category, each runner must run 10.5KM.

Buddy of 2 (Half Marathon)

Buddy of 2 runners will run and complete a total race course of 21KM Half Marathon distance.

Each runner will run 10.5KM. The first runner will start the race wearing the relay token. At the transition point, first runner will pass the relay token to the second runner.

21.1KM HALF MARATHON ROUTE MAP

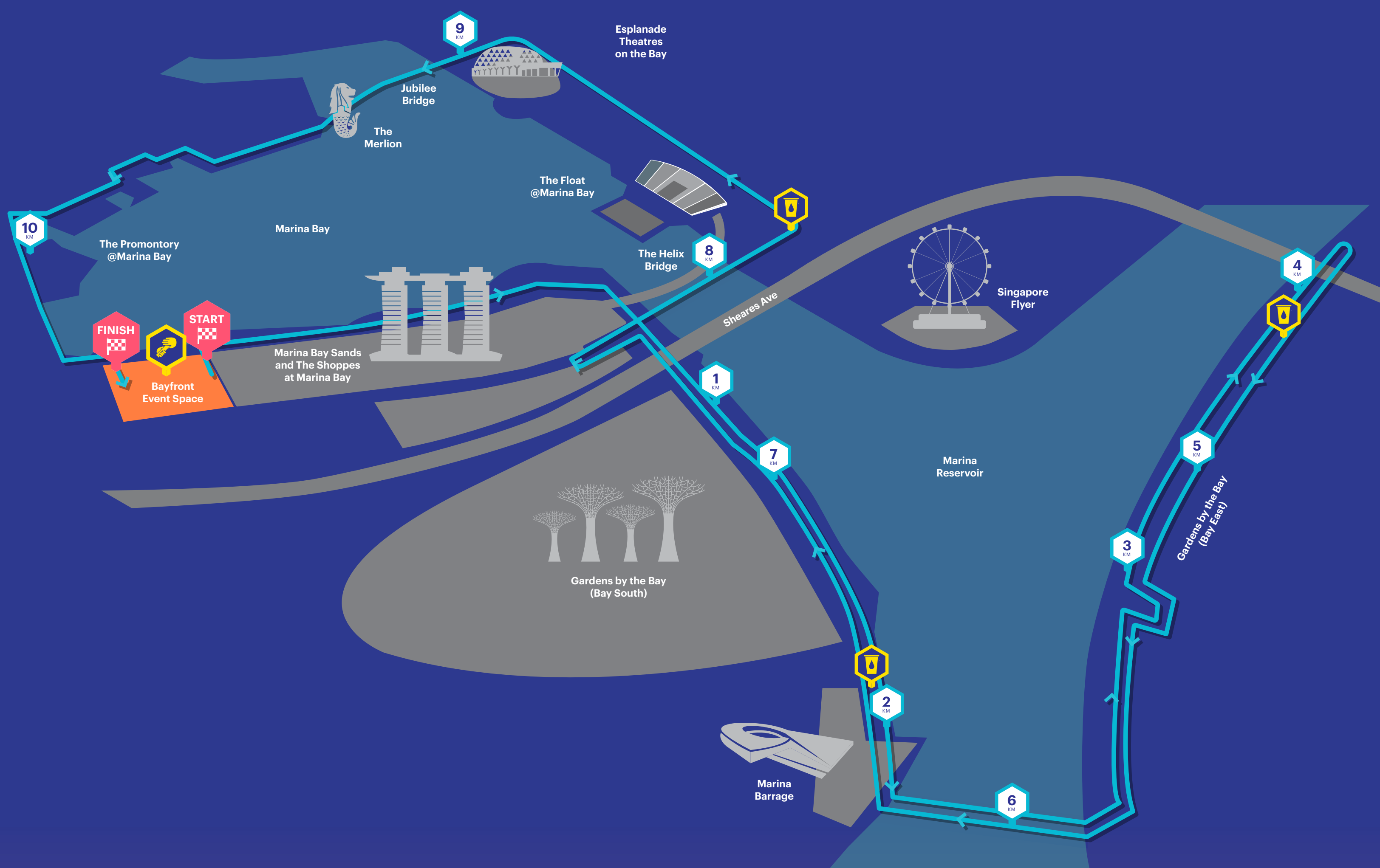


LEGEND



*Note: Map not drawn to scale and is subject to change

42.2KM FULL MARATHON ROUTE MAP



LEGEND



*Note: Map not drawn to scale and is subject to change

THINGS TO NOTE

BAGGAGE DEPOSIT SERVICE

Baggage deposit service is available at the Race Village from 3pm-11pm. You will collect your bag at the same location it was deposited. Please travel light and only bring what is necessary. Your bag will be subjected to checks by security officers. The race organiser reserves the right to decline bag deposits.

HYDRATION/AID STATIONS

There will be hydration/aid stations located approximately every 2 - 3 KM.

MEDICAL

The race village will have medical personnel in position to provide assistance if you feel unwell or injured. There will be paramedics along the race course to provide assistance should you require it during your race.

MEDAL

Every runner who crosses the Finish Line within the stipulated cut-off timings of your race category will receive an ASICS Relay Singapore 2019 Medal for your race category.

The Medal (all categories) can only be collected at the event. There will be no mailing of the item after Race Day so do remember to pick up your entitlement and wear it with pride!

RESULTS

Check your timing on our official ASICS Relay Singapore website (<https://www.asicsrelay.com/sg/>) approximately 48 hours after your run.

DISPUTE OVER WINNER'S RESULTS

In the event of a dispute over race results, you should lodge an appeal at the Information Tent 15 minutes before the start of each category's prize presentation. A non-refundable S\$50 administration fee will be charged per appeal. In the event of a dispute, the Race Organizer's decision is final.

ELECTRONIC RACE CERTIFICATES WITH NET TIMING

All runners in the competitive race categories 21KM Half Marathon (Buddy of 2), 21KM Half Marathon (Team of 4), and 42KM Full Marathon (Team of 4) who have completed their race and received a finishing time at the ASICS Relay Singapore 2019 will be entitled to receive a personalised race e-certificate with their Nett Time about one month after the official results have been released.

Your personalised race e-certificate will be available for download via our official ASICS Relay Singapore website (<https://www.asicsrelay.com/sg/>).

LOST AND FOUND

If you have lost or found an item, please approach the Information Tent. At the end of the event, found items will be transported to the Race Organizer's office. If you have lost an item, it is your responsibility to contact the Race Organizer at

info.sg@asicsrelay.com with a description and to pay for its return to you. Unclaimed items will be discarded one month after the race date.





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RUNNING



YEARS RUNNING

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SITE MAP



LEGEND

				
START/ FINISH	ENTRY / EXIT	ASICS POP-UP STORE	FIRST AID	TRANSITION ZONE
				
PHOTO AREA	INFORMATION	STAGE	HYDRATION POINT	F&B
				
VIP	ATHLETE'S WELFARE	SPONSORS	ACTIVITIES	BAGGAGE
				
TOILET	LATE RACE ENTRY PACK COLLECTION	SEATING AREA	CARPARK	

*Note: Map not drawn to scale and is subject to change

ACTIVITIES

ZUMBA

Waiting for your team members to come back from their run or waiting for your turn to go out there? Why not keep yourself warmed up with a quick Zumba session! Move your body to great music that is sure to hype you up and prime you to beat your personal best!

SABERFIT

Whether you're a Star Wars fan or not, working out with a saber is going to make you a force to be reckoned with! Join us for a SaberFit work out, a high energy group fitness class that combines combat sabers, saber striking techniques and fitness exercises, perfect for both beginners and exercise enthusiasts. Coupled with adrenaline-pumping music in the background, SaberFit creates a full-body toning experience that you will definitely love!

*Due to limited availability of sabers, this activity is on a first-come-first-serve basis



SPONSORS / ACTIVITIES

Collect your redemption card upon entry to the race village and collect your stamps from all the activities available for you. Just bring your completed redemption card to the ASICS booth to claim your prize!

CITIZEN

Visit the Citizen booth at the Race Village to play the UFO catcher and stand a chance to win attractive prizes. At the booth, you will also be able to have a touch and feel of the world's thinnest light-powered watch – Eco-Drive ONE with 2.98mm case and 1mm movement that Citizen has developed!

POCARI

There is no lack of photo opportunities around the race village! Head on over to Pocari's booth for their photo booth activity, and stand a chance to win prizes with their social media giveaway!

MASSAGE by DR STRETCH

Enjoy a relaxing post-run massage presented to you by Dr Stretch! This will be provided to all runners from 1730HRS onwards.

Come by to their booth on event day to soothe your muscles at the end of your race!

AIRASIA

Pre or post relay, test your running speed at the AirAsia booth with the virtual running station! As part of the #DareToDream sports initiative, the interactive booth will allow you to measure your physical strength and compete against your friends in a not to be missed activity.

FOOD & BEVERAGE

No need to plan for your post-run fuel because we have got your back! From burgers and finger food, to your favourite milk tea from Gong Cha, the Race Village has enough to satisfy your hunger pangs! The only thing left is to finish your race before rushing to get your favourite snacks!

MIX BAR

Head down to the MIX Bar from 1930HRS onwards and celebrate the end of the ASICS Relay with a complimentary drinks at the MIX Bar, customised to your mood for the night!

Simply follow @SGSparkSquad on Instagram and complete a profiling survey to redeem your free drink! The drinks will be served on a first-come-first-served basis, while stocks last!



TRAVELLING TO ASICS RELAY SINGAPORE 2019

By MRT

The nearest station is Bayfront Mrt Station (CE1/DT16). Take Exit E.

By Bus

The following services are available to Bayfront: 97 / 106 / 518 / 133 / 502

The following bus stops are located at Marina Bay Sands on Bayfront Avenue:

- 03509 - Marina Bay Sands Hotel (outside Hotel Lobby Tower 2)
- 03501 - Marina Bay Sands Theatre (outside Sands Theatre, opposite Hotel Lobby Tower 3)
- 03511 - Marina Bay Sands MICE (outside Sands Expo & Convention Centre, opposite Hotel Lobby Tower 1)
- 03519 - Opp. Marina Bay Sands MICE (opposite Sands Expo & Convention Centre, adjacent to Hotel Lobby Tower 1)

By Car

Participants may park at the following locations which are in close proximity to event venue:

- Marina Bay Open Carpark
 - » \$0.80/30 mins from 7am to 7am the following day
- One Marina Boulevard (NTUC Centre)
 - » \$3.21/entry from 7am to 7am the following day
- Marina Bay Link Mall
 - » \$3.21 for first 4 hrs, \$0.30/10 mins from 6am to 6am the following day
- Marina Bay Financial Centre Tower 1, 2 & 3
 - » \$3.21 for first 4 hrs, \$0.27/10mins block or part thereof from 6am to 6am the following day



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PRIZES

Full Marathon Category (Male/Female/Mixed)

Position

Prizes

1st

- \$1000 per team
- 4 Pairs x ASICS Shoes
- Acti-Tape Premium Set x 4 (worth \$480)
- Osteo-Chiro Treatment (worth \$225) OR TCM Pain Management Session with PHD Doctor (worth \$220)
- 600g of Spirulina for 2 months' supply (worth \$258)

2nd

- \$800 per team
- Acti-Tape Handy Set x 4 (worth \$280)
- Osteo-Chiro Treatment (worth \$225) OR TCM Pain Management Session with PHD Doctor (worth \$220)

3rd

- \$600 per team
- Acti-Tape Handy Set Lite x 4 (worth \$200)
- Osteo-Chiro Treatment (worth \$225) OR TCM Pain Management Session with PHD Doctor (worth \$220)

Half Marathon Category (Male/Female/Mixed)

Position

Prizes

1st

- \$500 per team
- 4 Pairs x ASICS Shoes
- Acti-Tape Premium Set x 4 (worth \$480)
- Osteo-Chiro Treatment (worth \$225) OR TCM Pain Management Session with PHD Doctor (worth \$220)
- 600g of Spirulina for 2 months' supply (worth \$258)

2nd

- \$300 per team
- Acti-Tape Handy Set x 4 (worth \$280)
- Osteo-Chiro Treatment (worth \$225) OR TCM Pain Management Session with PHD Doctor (worth \$220)

3rd

- \$200 per team
- Acti-Tape Handy Set Lite x 4 (worth \$200)
- Osteo-Chiro Treatment (worth \$225) OR TCM Pain Management Session with PHD Doctor (worth \$220)

PRIZES

Buddy of 2 Open Category	
Position	Prizes
1 st	<ul style="list-style-type: none">• 2 x GEL-Nimbus 21 or shoes of that equivalent price• Acti-Tape Premium Set x 2 (worth \$480)• 600g of Spirulina for 2 months’ supply (worth \$258)
2 nd	<ul style="list-style-type: none">• 2 x GEL- DS Trainer 24 or shoes of that equivalent price• Acti-Tape Handy Set x 2 (worth \$280)
3 rd	<ul style="list-style-type: none">• 2 x GT-1000 or shoes of that equivalent price• Acti-Tape Handy Set Lite x 2 (worth \$200)



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EVENT OWNER



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